

# BEHAVIORAL SCIENCE: WELLNESS AND PREVENTION (A.S.)

The Associate in Science in Behavioral Science provides an interdisciplinary approach to understanding human behavior within a global world view. Foundation courses at an associate level introduce behavioral science students to the biological, psychological, social, and cultural variables of human behavior. This degree prepares students for a smooth transition to the B.S. in Psychology, Health & Wellness, Human Services, or Criminal Justice. The wellness and prevention concentration introduces students to the key factors that impact the mental and physical well-being of individuals as well as strategies for prevention and health promotion.

Students will have the opportunity to:

1. Attain proficiency in the basic concepts, theories, and methods of inquiry in behavioral sciences.
2. Evaluate ethical principles of the behavioral sciences.
3. Prepare for seamless transition to the Bachelor of Science in Psychology, Health & Wellness, Human Services, or Criminal Justice.

## Degree Requirements

Minimum Credit Requirement: 60 credits

Minimum Residency Requirement: 16 credits must be taken at Granite State College

A minimum GPA of 2.0 is required.

Requirements	Credit Hours
General Education Requirements (p. 1)	32
Major Requirements (p. 1)	24
Open Electives (p. 1)	4
<b>Total</b>	<b>60</b>

## General Education Requirements

A minimum grade of C is required in all General Education coursework. Students are allowed a maximum of one course overlap between the Major and General Education areas.

Code	Title	Credits
ENG 500	The Writing Process	4
COMM 542	Interpersonal Communication and Group Dynamics	4
COMM 543	Visual Communication	4
CRIT 501	Introduction to Critical Inquiry	4
Select one of the following:		4
MATH 502	Math for Our World	
MATH 504	Statistics	
MATH 510	Pre-Calculus	
Knowledge of Human Behavior & Social Systems ( <a href="https://catalog.granite.edu/undergraduate/degrees-programs-study/general-education-requirements/#human-behavior">https://catalog.granite.edu/undergraduate/degrees-programs-study/general-education-requirements/#human-behavior</a> )		4
Knowledge of the Physical & Natural World ( <a href="https://catalog.granite.edu/undergraduate/degrees-programs-study/general-education-requirements/#physical-natural-world">https://catalog.granite.edu/undergraduate/degrees-programs-study/general-education-requirements/#physical-natural-world</a> )		4

Knowledge of Human Thought & Expression ( <a href="https://catalog.granite.edu/undergraduate/degrees-programs-study/general-education-requirements/#human-thought">https://catalog.granite.edu/undergraduate/degrees-programs-study/general-education-requirements/#human-thought</a> )	4
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**Total Credits** 32

## Major Requirements

A minimum grade of C is required in all Major and Concentration coursework. Students are allowed a maximum of one course overlap between the Major/Concentration and General Education areas.

Code	Title	Credits
<b>Major in Behavioral Science</b>		
Select one of the following:		4
PSY 501	Introduction to Psychology	
SOC 501	Introduction to Sociology	
CRIM 500	Introduction to Criminology	
<b>Concentration in Wellness &amp; Prevention</b>		
SCI 505	Human Biology	4
SCI 603	Advanced Human Physiology & Wellness	4
SCI 502	Nutrition and Health	4
HLTC 560	Health Behaviors: Theoretical Foundations for Health Education	4
SCI 508	Issues in Women's Health	4
or SCI 509	Diseases of the 21st Century	
<b>Total Credits</b>		<b>24</b>

## Electives

Open electives are courses students will need to take in addition to their general education and major requirements in order to satisfy the remaining credit totals for their programs. Open electives are defined as any credit course offered by the College not already included in the student's general education, major, concentration or minor. Students will need 60 credits total to graduate with an associate degree.